Dear Parents, Students, Staff and Friends of the Magdalene Community,

Last week I had the pleasure of attending the Year 11 Retreats at Tallong and Kiah Ridge Retreat Centres. On attending the events I was incredibly impressed by the sense of community and the willingness of each person to be involved in the retreat. The retreat offered each student the opportunity to explore their lives and relationships with other people and their God. Overwhelmingly, the student response has been that it was a very positive and uplifting experience. As a school we continue to promote the development of the whole person and give students every chance to explore their lives and their faith. The retreats provide a unique opportunity for individuals to take time to focus on areas of their lives they otherwise would not have taken.

I express my thanks and appreciation to the teachers involved in the retreat and thank the students for their very positive approach to the experience.

Last Friday night I had the opportunity to attend the Wollongong Diocesan Sports Awards. These awards are the most prestigious in Catholic Education in the region. The students who were acknowledged have excelled in their sports at an elite level and thoroughly deserve the recognition they received. I take this opportunity to congratulate the following students on being recognised for their achievements in sport.

Sheree Farrell (Swimming), Brittany Rasmussen (Hockey), Matthew Burke (Swimming), Maighan Duck (Tennis), Paige Pirotta (Netball), Jemma Crane (Football), Maddison Smith - Blues Medallion (Softball).

Last Tuesday the school conducted the annual art exhibition Magdalene Impressions. The evening is a showcase of the creations of students in the area of Visual Arts. It was great to see the talent of many students I congratulate the students for their willingness to use their talents and to challenge themselves to reach a level of personal excellence, which was reflected in their work. I also thank our special guest Mrs Kimberly Oates and the Visual Arts Teachers Miss Delaney, Mrs Eggleton and Miss Cusak for creating the opportunity for students and their families.

I remind parents that at the end of each year students are acknowledged for their outstanding performances in areas of school life throughout the year. Our end of Year presentation will take place on Monday 14 December beginning at 10am. Once again the event will be conducted at St Gregory’s College Hall. All parents and carers are warmly invited to attend.

I remind parents that one way to be involved in your children’s school is through the Parents and Friends Association. Information about the Association can be accessed via the school website.

At our last assembly a number of students were acknowledged by their peers for their contribution to learning and/or support of their fellow students’ learning. Congratulations to:

Kaine Harrington Year 7 Assisting others with their learning.
Mathew Hamshere Year 8 Assisting others with their learning.
Jayden McAllister Year 9 Contributing to class discussion and helping others with their learning.
Monika Bazdaric Year 10 Assisting others in their learning, in particular in Mathematics.
Lauren Allen Year 11 Improved learning and assisting others, in particular in English.

Strong minds, gentle hearts
Next Sunday (29 November) marks the beginning of Advent. For each of us personally it is a reminder to prepare our minds and hearts for Christ’s birth. In simple terms the Advent season provides the opportunity to reach out to others, and allows us to get caught up in the joy of the coming of Christ. It is a time of reflection about the importance of what family and friends mean to us and how we can respond to the presence of Christ today. We can achieve this by drawing on all of our experiences and resources in an attempt to create a better world for all. How will we do that in our world and our local community? One practical way is through hampers each Pastoral Care Class is contributing towards. These hampers will be donated to less fortunate families over the Christmas period.

During the season of advent it is also essential that we do not lose sight of our relationship with God. It is essential that we reflect on the importance of God in our lives. Our relationship with God can continually be enhanced through regular prayer.

Loving God,
I sense that all is your creation
and everything, and all of us,
are being drawn back toward your loving heart.
Help me to be a person of peace,
to speak about it in an uneasy world,
and to live it among the people
you have put into my life every day.
Light in me a desire to prepare for your coming
to stand in the darkness, waiting, eager and filled with joy.

God Bless

Mr John Lo Cascio
Principal

MASS OF REMEMBRANCE 19 November 2015

Magdalene held a special service to remember those who died in Paris recently. Fr Joseph celebrated a Mass of Remembrance organized by our faith and liturgy coordinators, Sophie and Dina. Students lit candles and spent time in prayer.
SENIOR RETREAT 2015
KIAH RIDGE
SENIOR RETREAT 2015
KIAH RIDGE
FESTIVAL OF FISHERS GHOST ART AWARD 2015

Last month a number of Magdalene students, along with approximately 280 students from a range of other secondary schools from across the Sydney metropolitan area, entered works into the Fishers Ghost Art Award, 2015. This exhibition, which is also open to works from a range of artistic categories from the local community, is held at the Campbelltown Art Centre.

Congratulations is in order for all the Magdalene students whose work was accepted and is hanging in the current exhibition. A special mention, however, must go to Mckenzie Duguid (Year 9) and Emily Predl (Yr8) two extremely talented students who won two out of the 4 categories in the Secondary Division for their impressive artworks. These students were presented with their prizes of $140 vouchers to be used for Campbelltown Arts Centre workshops, at the official opening on Friday November 6th.

This exhibition is open to the general public until Saturday 12 December 2012. We encourage you take up the opportunity to view the creative aptitude of our talented students at Campbelltown Art Centre.
FISHERS GHOST ART AWARD 2015

Other students’ work exhibited in Fishers Ghost
MAGDALENE IMPRESSIONS

[Images of various art pieces, including dresses, portraits, and abstract paintings, displayed at an exhibition.]

[Caption: Close up of a detail from one of the art pieces, highlighting the craftsmanship and artistic expression.]
SOCIAL MEDIA

ADVICE FOR PARENTS ABOUT SOCIAL MEDIA

“Technology will only ever be used as well and as honourably as the motives of those pressing the buttons. Everyone needs to acknowledge its extraordinary power. The technology is out of the bag and we should respect it, but not fear it. Any threat from social networks comes not from the technology, but from those who use it.”

NZ Listener editorial August 27

The best advice is to look at the way your child manages normal everyday interactions with family and friends. If this involves constant outbursts of emotion, hostilities, accusations and tears, then their online relationships are likely to be similar. A child who has happy, respectful relationships will usually enjoy using social media and have few if any problems.

RISKS
Fitting in with peers is an important element of growing up. The main risks to young people online today are risks from each other, risks of improper use of technology, lack of privacy, sharing too much information, or posting false information about themselves or others. These types of behaviour put their privacy at risk, often for years as they leave behind evidence of which sites they have visited.

One of the biggest threats to young people on social media sites is to their digital footprint and future reputations. Youngsters who lack an awareness of privacy issues often post inappropriate messages, pictures, and videos without understanding that “what goes online stays online”. As a result, future jobs and opportunities may be put into jeopardy by rash clicks of the mouse.

WHAT YOU CAN DO
Parents are the best people to educate young people to be responsible, sensible and respectful digital citizens.

- Talk to your children about their online use and the specific issues that today’s online users face.

- Become educated about the many technologies your youngsters are using.

- Place the emphasis on responsible citizenship and healthy behaviour, not punitive action unless truly warranted.

- Supervise online activities with active participation and communication, as opposed to remote monitoring with a net-nanny program.
SOCIAL MEDIA

- Encourage your children to tell you if something they encounter on one of these sites makes them feel anxious, uncomfortable or threatened. Stay calm and remind your children they are not in trouble for bringing something to your attention.

- Set your own house Internet rules. As soon as your children begin to use the Internet on their own, it is a good idea to come up with a list of rules for using the Internet that everyone can agree on.

- Look at the sites that your child plans to use and make sure both you and your child read and understand the age restrictions, privacy policy and the code of conduct. Find out if the site monitors the content that people post.

- Discuss how advertisers target young people by advertising on popular websites. Make it a family rule that any online purchases must be made with your permission.

- Insist that your children never meet anyone in person that they’ve communicated with only online without your knowledge and permission. Because children can be in real danger, you can help protect your children by encouraging them to use these sites to communicate with their friends, but not with people they’ve never met in person.

- It might not be enough to simply tell your child not to talk to strangers, because your child might not consider someone they’ve ‘met’ online to be a stranger.

- Ensure your children don’t use full names. Have your children use only their first names or a nickname, but not a nickname that would attract inappropriate attention. Also, do not allow your children to post the full names of their friends.

- Be wary of other identifiable information in your child’s profile. Many social websites allow children to join public groups that include everyone who goes to a certain school. Too much information can make your children vulnerable to cyber-bullying, Internet predators, Internet fraud, or identity theft.

- Photographs can reveal a lot of personal information. Advise your children not to post photographs of themselves or their friends with clearly identifiable details.

- Warn your child about expressing emotions to strangers. Children use social websites to write journals and poems that often express strong emotions. Explain to your children that many of these words can be read by anyone with access to the Internet and that predators often search out emotionally vulnerable children.

- Teach your children about cyber-bullying. As soon as your children are old enough to use social websites, talk to them about cyber-bullying. Tell them that if they think they’re being cyber-bullied, they should share this information right away with you, a teacher or another adult whom they trust.

- It’s important to encourage children to communicate with other people online in the same polite way they would face-to-face. Reinforce the message that they must treat other people the way they want to be treated.
MISA RESULTS: Magdalene v Mount Carmel (Round 5)

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WINNING SCHOOL</th>
<th>SCORE</th>
<th>MOST VALUED PLAYER</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 Boys Cricket</td>
<td>Magdalene</td>
<td>5/89 - 4/32</td>
<td>Another great game. Well done boys. MVP: Patrick</td>
</tr>
<tr>
<td>8/9 Boys Cricket</td>
<td>Magdalene</td>
<td>2/67-4/23</td>
<td>Excellent bowling won the match. MVPs: Nicholas Bull and Jarrod brooks. COACH: Mr Beh</td>
</tr>
<tr>
<td>Girls Oz0tag</td>
<td>Magdalene</td>
<td>3-0</td>
<td>A convincing win for the girls. Excellent work from start to finish. COACH: Mrs McAllister</td>
</tr>
<tr>
<td>Boys Oz-tag</td>
<td>Magdalene</td>
<td>4-2</td>
<td>An excellent comeback by the boys. MVP: Ethan Elliott-Buckley. COACH: Mr Manns</td>
</tr>
<tr>
<td>10-12 Girls Volleyball</td>
<td>Mount Carmel</td>
<td>2-1</td>
<td>A well fought match by the girls. COACH: Mr Hewitt</td>
</tr>
<tr>
<td>7 Boys Basketball</td>
<td>Mount Carmel</td>
<td>16-6</td>
<td>A great all-round team game with improvement on the rebounds during a tough contest. MVP: Lachlan Maher COACH: Mr Gorrie</td>
</tr>
<tr>
<td>7 Girls Basketball</td>
<td>Magdalene</td>
<td>14-13</td>
<td>A very well played game with a close finish where we just managed the win. COACH: Mr Dowdell</td>
</tr>
<tr>
<td>9-11 Boys AFL</td>
<td>Mount Carmel</td>
<td>71-56</td>
<td>A good close game with the lead changing often. COACH: Mr Metcalfe</td>
</tr>
<tr>
<td>Mixed Tennis</td>
<td>Magdalene</td>
<td>18-14</td>
<td>Our team continues to dominate on the court. Well done. COACH: Mr Cornett</td>
</tr>
</tbody>
</table>

SPORTS NEWS 17 November 2015

MISA RESULTS: Magdalene v St Benedict’s (Round 6)

<table>
<thead>
<tr>
<th>SPORT</th>
<th>WINNING SCHOOL</th>
<th>SCORE</th>
<th>MOST VALUED PLAYER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Oz-tag</td>
<td>Magdalene</td>
<td>4-2</td>
<td>A good win despite the girls not playing at their best. COACH: Mrs McAllister</td>
</tr>
<tr>
<td>Boys Oz-tag</td>
<td>St Benedict’s</td>
<td>6-4</td>
<td>A dip in form by the boys resulted in the loss. MVP: Ryan Connell. COACH: Mr Manns</td>
</tr>
<tr>
<td>7 Boys Basketball</td>
<td>Magdalene</td>
<td>6-4</td>
<td>A close game with the boys winning in the last minute. MVP: Ethan Hart COACH: Mr Gorrie</td>
</tr>
<tr>
<td>7 Girls Basketball</td>
<td>St Benedict’s</td>
<td>12-3</td>
<td>A well played game with an unlucky loss. COACH: Mr Dowdell</td>
</tr>
</tbody>
</table>
**St Anthony’s Church, Tahmoor**

Youth Mass

The next and (last for the year) Youth Mass at St Anthony’s Church, Tahmoor will be at 6.00pm on Saturday 21 November. The usual GREAT band, beautiful Choir and special Liturgical Dancers will be there to help CELEBRATE the Eucharist, with refreshments after Mass.

We especially invite all 2014 YEAR 6 to come together to share their stories.

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**St Anthony’s Picton - REUNION MASS**

All former students of St Anthony’s Picton are warmly invited to attend a re-union Mass and free barbeque afterwards on Saturday 28 November commencing at 6pm at our church in Tahmoor.

This is an opportunity to catch up with former class mates who attend other secondary schools and to re-connect. We hope that you and your family are able to join us!

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**Lost Property**

Lost property will be sent to the second hand clothing pool next Friday 27 November.

We have a collection of sports jackets, scarfs and jumpers. Please ask your student to check lost property outside of the school office if they are missing any items of clothing.

---

**Congratulations to Calum Daw**

Students were encouraged to participate in the Red Room Poetry Object competition for 2015 and one of our aspiring Year 7 students, Calum Daw, was shortlisted for his poem ‘Tiger’ Well done!

**Tiger**

Stalking, pacing.  
Heart racing.  
Razor claws,  
Armed paws.  
Diabolical glare,  
Golden scare,  
Fearsome stripes,  
Thwack!  
He swipes.  
A feared foe…

But mine came with a bow.  
All wrapped up  
Under the tree,  
Snuggling with me.

Sometimes, as the light catches his glassy eyes,  
I see the glimmer  
His whiskers quiver  
My pulse quickens  
His fur glistens  
An I wonder…

*Calum Daw  
Year 7*

---

**SPARK**

Friday, 27th November  
4pm - 9pm  
Held in CAPA at Magdalen

$10
**NOTICEBOARD**

### November

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>27</td>
<td>Fri</td>
<td>Year 8 Reflection Day</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Spark Twilight Retreat—Year 7 &amp; 8</td>
</tr>
</tbody>
</table>

### December

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>14</td>
<td>Mon</td>
<td>Presentation Day—St Gregory’s College 10am</td>
</tr>
<tr>
<td>15</td>
<td>Tue</td>
<td>Activity Day</td>
</tr>
<tr>
<td>16</td>
<td>Wed</td>
<td>P &amp; T Interview Day</td>
</tr>
</tbody>
</table>

### January

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>Thu</td>
<td>Year 7 &amp; Year 11 Commences</td>
</tr>
<tr>
<td>29</td>
<td>Fri</td>
<td>Whole School Returns</td>
</tr>
</tbody>
</table>

**SECOND HAND UNIFORM SHOP**

Opening Times - 7.50am - 8.20am

2015

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 23 November</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Friday 27 November</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Monday 30 November</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Friday 4 December</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Monday 7 December</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Friday 11 December</td>
<td>7.50am-8.20am</td>
</tr>
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</table>

2015

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 27 January</td>
<td>2pm-2.45pm</td>
</tr>
<tr>
<td>Thursday 28 January</td>
<td>7.50am-8.20am</td>
</tr>
<tr>
<td>Friday 29 January</td>
<td>7.50am-8.20am</td>
</tr>
</tbody>
</table>

If you require second hand uniforms and are unable to make the above times please call Kelly O’Keeffe on 0410 553812

**YEAR 7 Student Packs**

Now available from the school office 7.30am to 2:45pm Mon-Fri (Eftpos available)

- School Bag .......................... $75.00
- Cap .................................. $12.00
- Calculator ........................... $21.00
- Apron ................................. $7.00
- Total ................................ $115.00

*Sport socks are compulsory, $6.00 per pair. Sizes 2-7, 8-11, 12-14*

**MATHS PUZZLE**

Maths Puzzle #12

There are three containers that are 3L, 4L and 6L. Which two containers do I need to measure exactly 5L of water?

Answer to Maths Puzzle #12

3L and 4L

Fill the 4L tip 3L into container and empty then tip remaining 1L into 3L and fill

4L to have exactly 5L.

Maths Puzzle #13

Find a number with its letters in alphabetical order.

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**CANTEEN**

<table>
<thead>
<tr>
<th>Canteen</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 8B</td>
<td>23 Nov</td>
<td>24 Nov</td>
<td>25 Nov</td>
<td>26 Nov</td>
<td>27 Nov</td>
</tr>
<tr>
<td>23 Nov-27 Nov</td>
<td>Thai Tyquin</td>
<td>Tracey Perrin</td>
<td>Agatha Lim</td>
<td>Carmel Ellery</td>
<td>D. Sapiatzer</td>
</tr>
<tr>
<td></td>
<td>Julie Smith</td>
<td></td>
<td>Rachel McVittie</td>
<td>Lupe Pavihi</td>
<td>J. Poole</td>
</tr>
<tr>
<td>Term 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 9A</td>
<td>30 Nov</td>
<td>1 Dec</td>
<td>2 Dec</td>
<td>3 Dec</td>
<td>4 Dec</td>
</tr>
<tr>
<td>30 Nov-4 Dec</td>
<td>Rochelle Bonning</td>
<td>Vanessa Crowe</td>
<td>Julie Smith</td>
<td>M Crowe</td>
<td>R Miller</td>
</tr>
<tr>
<td></td>
<td>Leonie Sanchez</td>
<td>Karen Tekely</td>
<td>Anita Jerak</td>
<td>K Boldwell</td>
<td>A Keshan</td>
</tr>
<tr>
<td>Term 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 10B</td>
<td>7 Dec</td>
<td>8 Dec</td>
<td>9 Dec</td>
<td>10 Dec</td>
<td>11 Dec</td>
</tr>
<tr>
<td>7 Dec –11 Dec</td>
<td>Kath Shepherd</td>
<td>K Foden</td>
<td>Agatha Lim</td>
<td>B Colusso</td>
<td>L Miller</td>
</tr>
<tr>
<td></td>
<td>Megan Tyler</td>
<td></td>
<td>Jerry Berrenger</td>
<td>R Joyce</td>
<td>L McGuire</td>
</tr>
<tr>
<td></td>
<td>Tanya Debono</td>
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**MAGDALENE CATHOLIC HIGH SCHOOL**

“Because I have seen the Lord”

Smeaton Grange Road, Narellan NSW 2567
Phone: 02 4631 3300  Fax: 02 4631 3398
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www.mchsdow.catholic.edu.au

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