



## MAGDALENE CATHOLIC HIGH SCHOOL

*"Because I have seen the Lord"*

# Sport and Recreation Activities Policy

## Rationale

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Participation in sport and recreational activities:

- Promotes physical growth
- Aids in the acquisition of motor skills and movement
- Provides the opportunity to develop personal and social skills

Sport and recreation activities provide a means for students to develop a positive self-concept and improved self-confidence. Enjoyable and positive experiences in sport and recreation activities while at school, provide a foundation for life long participation in sport and recreational pursuits.

Sport and recreation also provide the opportunity for the development of a spirit of cooperation between and among groups of individuals and the ability to cope with success and failure.

## Guidelines

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1. Sports afternoon is held each Tuesday between 1.00pm and 2.30pm.
2. All students, from Years 7 to 11 are expected to participate in Tuesday sport.
3. Tuesday sport for Year 12 (Terms 1, 2 and 3) is optional. It is optional for Year 11 in Term 4.
4. Year 12 students in their final year shall not be excluded from Diocesan/regional or State sporting events.
5. Excursions and other extra-curricula activities are not to be held on a Tuesday if they interfere with sport.
6. Students undertaking Extension/TVET courses are exempt from Tuesday sport.
7. Magdalene is a member of MISA (Macarthur Independent Schools Association) and is committed to meeting our responsibilities in this area.
8. As a member of Wollongong Diocese, Magdalene fully supports Diocesan gala days, carnivals and representative events which provide a means for talented students to compete at higher levels.
9. The school will conduct three carnivals each year: swimming, athletics and cross country. These are organised and coordinated by the PDHPE faculty.
10. Within reason the school will participate in various Diocesan, regional and state sporting competitions.

11. All staff are expected to be involved in sport in the school, unless timetable constraints preclude them.
12. Risk assessments will be undertaken before any sport is permitted to proceed.

## **Basis of Discretion**

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- The Principal reserves the right to withdraw students from representing the school at sporting events should their behaviour, attitude and conduct not be in keeping with the school's expectations.
- Students/teams may be withdrawn from competition on safety grounds should their training/preparation be considered to be insufficient.
- The Principal reserves the right of discretion to make provision for departure from this policy in the event of unforeseen circumstances or to serve the best interests of the school.

## **Supporting Documents**

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- MISA sport handbook
- Diocesan sport journal

## **Evaluation**

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The policy will be reviewed in 2015.